

W I N T E R 2 0 1 7

the

Foundation for Teen Health

Caring for the Future by Caring for them now

D. Peggy Smith Endowed Fund

The Baylor College of Medicine Teen Health Clinics are fast approaching our 50-year anniversary with Dr. Peggy Smith being our sole director. Though Dr. Smith has no intention of retiring we need to prepare for the future to ensure the Teen Health Clinics long-term continuity and sustainability. Please use the enclosed card to donate today or donate online at foundationforteenhealth.org



Hope for the Future Annual Luncheon

SAVE THE DATE

**TUESDAY, OCTOBER 17, 2017
RIVER OAKS COUNTRY CLUB**

We hope you will be joining us for an entertaining and educational event, where we will celebrate the incredible work at the Baylor College of Medicine Teen Health Clinics. We will have a panel discussion with a few of our Project Bootstrap participants. Learn more about this program on page 3. We will announce our honorees in the spring newsletter.

**STAY TUNED FOR EXCITING
LUNCHEON NEWS**

Sterling High School

One of the three high schools we have had under construction is complete!

Sterling Aviation High School and our clinic are now in a beautiful, modern, bright and functional building. The school is everything aviation from pilot training to mechanical work on aircraft with access to planes and their engines so the students may learn the trade.

Our clinic is behind the administration space and off the main hallway. We share the space with the school nurse, which makes our location ideal. It is a far cry from the ancient Temporary building we have called home for the last 3 years.



We would love to have you visit Sterling or any of our clinics. Or if you would like someone to come speak to your organization about the clinics we have a slide show presentation we would love to share.

Please call Anne Van Horn to arrange a tour or a speaker – 713-256-6593 or avh@foundationforteenhealth.org



Project Bootstrap

Project Bootstrap is one of the unique programs that BTHC is looking forward to expanding in 2017! Project Bootstrap began as a program under the State Attorney General to help young fathers establish paternity and develop a path to employment to support their child. When the pilot program ended in early the 2000s, the Baylor College of Medicine Teen Health Clinics saw a need to continue this very successful project. It was revitalized in 2008 with a grant from the Madison Charitable Foundation and the Foundation for Teen Health. Today, we continue some of the fundamentals of the original program and have now expanded it to include young women and non-parents. Project Bootstrap looks to connect teens and young adults with job training and career-related opportunities that will lead to *stable*,

sufficient employment.

Participants in this program are provided resources in the form of three “routes”: **GED preparation** literacy, and health/wellness. While pursuing these “routes”, each participant may be awarded a grant up to **\$1,100** which may be used to subsidize any needs that they may experience while completing **and testing**, completing a **vocational/technical certificate** (e.g. welding, HVAC certificate), and/or enrolling in **workshops** that address issues like career development, financial their goals. Our Lawn Clinic is now the permanent home of Bootstrap complete with computer lab for GED and Job applications, counseling room, coordinator office space and a conference room for group meetings, plus easy access to medical care.



FOCUS

Project Bootstrap connects young men and now young women ages 16 to 24 in Harris County to education, job training and career readiness resources that will lead to stable, sufficient employment. Project Bootstrap also provides educational resources to participants on issues of health/wellness, family planning, financial literacy, and relationship building.

JOIN OUR TEAM

The Baylor College of Medicine Teen Health Clinics is on the forefront in the fight against HIV/AIDS. We educate and test thousand of young men and women each year in Houston. When necessary we help our young patients access the best care available. So when it is time for the annual AIDS Walk Houston, the clinic staff mobilizes to form a great team of walkers and you can join our team. Plus once again we are a benefiting agency of the money raised that day. As always, Nettie Johnson is the team leader and motivator to get our team moving. Visit aidshelp.org and click on events, then click on walk and find our team Baylor Teen Clinic. You may join us as a walker or a donor.

The walk will take place on Sunday March 5 at Sam Houston Park Downtown.


Registration is at NOON and the Walk begins at 1 p.m.



Art work at our Cullen Clinic donated by Sarah Hurt




SUNDAY, MARCH 5
SAM HOUSTON PARK
DOWNTOWN
HOUSTON




NOON REGISTRATION
 1:00 PM WALK






AIDS WALK


HOUSTON 2017













Featuring live entertainment, great food trucks and booths from our many sponsors.

Benefiting Agencies:
 AIDS Foundation Houston
 Avenue 360 Health & Wellness
 Baylor College of Medicine – Teen Health Clinic
 Brentwood Community Foundation
 Change Happens!
 Fundación Latinoamericana
 De Acción Social, Inc.

Harris County Hospital District
 Foundation
 Lazarus House
 LIVE Consortium
 Resurrection Metropolitan
 Community Church
 The T.R.U.T.H. Project, Inc.
 University of Houston
 LGBTQ Resource Center

SIGN UP TODAY AT:
AIDSWalkHouston.org

*Pets and Recreation Department Regulations prohibits dogs, amphibians, reptiles and snakes that are considered dangerous.



More Ways to Make a Difference

As we move into new spaces in the high school clinics or need to spruce up the community clinics, we are often in need of office furniture. We need desks, heavy-duty desk chairs, waiting room chairs, decorative accessories such as artwork and even magazine subscriptions. We will accept gently used items. We strive to make each clinic special and welcoming for our patients. Please contact Anne Van Horn 713-256-6593 or avh@foundationforteenhealth.org to make a donation.

North East Adolescent Program

The North East Adolescent Project (NEAP) is an educational outreach component of the Baylor College of Medicine Teen Health Clinic.

In 1987 Commissioner El Franco Lee created the Street Olympics as a recreation program. He expanded the program to include social services, health care, educational and vocational needs of the youth in our community. The programs include an Aquatic program, 3 on 3 basketball, Discovery Camp, Travelling Naturalist and the North East Adolescent Program. NEAP was established in 1989 as part of the expansion in order to reach young people in high-risk areas to lower the incidence of teen pregnancy, birth defects, infant mortality, and STDs in these areas.

Outreach workers travel to schools, churches, and apartment complexes to provide small group discussions and workshops that promote a healthy lifestyle. Teens learn ways to respond to sexual pressure and how to prevent

teen pregnancy and sexually transmitted diseases. Prenatal education and case management services are available to support pregnant and parenting teens. NEAP also provides information on all the Teen Clinics locations to improve access to medical care.

NEAP also provides information on other resources that may be needed by the young people they see. This is done through the coalition of 36 major providers of health, medical, and social services to Houston teens living in this precinct that NEAP works with to enhance care. The coalition meets quarterly to share experiences, discuss the health needs of inner city teens, and make programming and scheduling decisions that will have the most impact in these areas.

Our new Precinct One Commissioner Rodney Ellis will continue the NEAP program and his support of the Baylor College of Medicine Teen Health Clinics.

FOUNDATION FOR TEEN HEALTH

Mission

The Foundation for Teen Health was formed in 1990 to support the work of the ten Baylor College of Medicine Teen Health Clinics. The goal of the foundation is to raise funds and awareness of the programs provided to young men and women at the Teen Health Clinics. The Foundation for Teen Health Board of Directors has made a personal commitment to the programs of the Teen Health Clinics and to the young men and women who use the clinics. Besides participating in raising funds for the clinics, our directors host health fairs, neighborhood canvassing and basketball tournaments to educate the young people of the community about the services available at the clinics. The Foundation for Teen Health wants the network of ten Baylor College of Medicine Teen Health Clinics to be the medical home for the young people of Houston and to give them the resources to lead healthy lives enabling them to become successful members of society.

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