

F A L L 2 0 1 5

the

Foundation for Teen Health

Caring for their future by caring for them now.



Hope for the Future Luncheon

The Foundation for Teen Health held their annual Hope for the Future Luncheon on Tuesday, October 20, 201 with chairman Zeina Fares at River Oaks Country Club. Phyllis Williams received the June and Virgil Award for Volunteerism. Lieutenant Governor David Dewhurst received the Dr. Peggy Smith Award for Professionalism. Please go to page 2 and 3 for more on the luncheon.



There was a Chance of a Lifetime Drawing with Annie Beck and Lauren Randle as co chairman. Warner Roberts encouraged the guests to purchase more Chance of a Lifetime tickets than at any other luncheon and they did just that. Prizes include 2 first class tickets on United Airlines, a two day get away at the Golden Nugget Lake Charles, a cruiser bike, golf outing with Mike McSpadden, gorgeous evening bag by CKW Collections, a Robert Ross Painting, a package of Hometown Fun with UH football tickets, Dynamo tickets, Astros tickets and a one year membership to the Contemporary Art Museum and a Culinary Experience with dinner at La Griglia, Champagne lunch at Vallone's and lunch at Mariposa. The winners were all thrilled!!

What a CROWD!

Jan Carson pictured below with Dr. Peggy Smith was once again our emcee. We could not do it without her! Thank you for another fabulous event!

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A special thanks to Leandra DeWitt who along with her mother, Catina Hunt shared their Teen Health Clinic experience. Pictured below with Laura Martinez.



It was an educational and entertaining luncheon!



Another successful luncheon to benefit the Baylor College of Medicine Teen Health Clinics

More than 260 guests learned about the challenges of providing health care to young adults and honored David Dewhurst and Phyllis Williams for all they do for our community. Former Texas Lieutenant Governor David Dewhurst received the Dr. Peggy Smith Award for Professional Excellence. He is a tireless advocate for the all Texans, especially children. He has been a devoted public servant from his time in the Air Force to serving as the 41st Lieutenant Governor of Texas. He is a community leader in Houston, serving on many civic and charitable boards. Best of all he is a friend and advocate for the Baylor College of Medicine Teen Health Clinic.

The June and Virgil Waggoner Award for Volunteerism was presented to **Phyllis Williams**. The founder, president and designer of Birdiewear, a women's golf apparel line, is a driving force for a number of Houston nonprofits. She serves on many charitable boards including the Foundation for Teen Health. She also has chaired numerous galas and served as raffle or auction chair for almost every organization in Houston. She is committed to the work of the Foundation for Teen Health/Baylor College of Medicine Teen Health Clinics serving as our luncheon chair in 2012 and the raffle chair in 2013 and 2014.

The guest speaker was a young woman Leandra DeWitt and her mother, Catina Hunt who were participants in our Centering Pregnancy program. She told her inspirational story and how she uses the tools she learned at the clinics and with strong family support and continuing support from the Teen Clinics she has Hope for the Future.

Cheers to our underwriters and major table sponsors, Beth Madison/Madison Foundation, June Waggoner/Waggoner Family Foundation, Zeina and Nijad Fares, Annie Beck, Susan Sarofim, and Jan Duncan. We are forever grateful for your generous support. Thank you to all you attended and to those that could not join us but sent us their support.

As the holiday season is fast approaching, we at the Foundation for Teen Health and the Baylor College of Medicine Teen Health Clinics are reflecting on what an amazing year it has been working with young people in need. You have been a critical part of our successes this year, and we want to share our excitement and gratitude with you!

We have made tremendous progress this year. We are having a huge impact on the lives of patients in our both our school based clinics and our community clinics.

Here are some of the wonderful things we have accomplished this year with your help: we are providing more immunizations than ever before from the flu shot to the HPV vaccine, we are offering more counseling and social services and we are developing plans for a new push for Project Bootstrap, where we will be including young women as well as young men! The remainder of 2015 and 2016 will be a very busy time for our ten clinics.

As a supporter of the Foundation for Teen Health, you can be excited and proud of the work you are supporting to advance health, education, self-sufficiency, and human dignity throughout Houston. Your gifts have contributed to the commitments and investments that we are making in the future of our young patients. We are very grateful this year for your support and your dedication to our mission and our that there is HOPE FOR THE FUTURE!

Thank you and happy beginning to this years holiday season!

We've got spirit yes we do! We've got spirit, how about YOU?

All the Teen Health Clinics have been showing their team spirit on Thursdays this fall! Our hearts belong to the TEXANS, except for those few odd Dallas staff members! We just wish the TEXANS could channel some of our spirit! Go TEXANS!



Dr. Peggy Smith Endowed Fund

The Baylor College of Medicine Teen Health Clinics is fast approaching our 50-year anniversary with Dr. Peggy Smith being as our director for more than 40 years. Though Dr. Smith has no intention of retiring we need to prepare for the future to ensure the Teen Health Clinics long-term continuity and sustainability. We need you to help us make this a reality.

To honor her commitment to public health we have launched the Dr. Peggy Smith Endowed Fund. This fund would be used to attract and retain faculty that support adolescent health. It will enable Baylor College of Medicine to secure the future of one of the nation's leading providers of adolescent health care – the Baylor College of Medicine Teen Health Clinics.

We hope you will consider becoming a member of our leadership team for the Dr. Peggy Smith Endowed Fund. We would like a team of 25 donors to encourage others to envision the future of the Teen Health Clinics and invest in that future. We are asking members of the team to commit to a \$25,000 gift that may be pledged over 5 years. The Dr. Peggy Smith Leadership Team will be recognized with a permanent plaque at Baylor College of Medicine. The Dr. Peggy Smith Endowed Fund has a goal of raising \$1,000,000 in the next 5 years.

The Teen Health Clinics began in 1969 as a one day a week maternity clinic for young women and have grown to a network of ten clinics treating both young women and men ages 13 to 25. Dr. Smith became the director in 1972 and she saw the need to expand locations and services and to include young men. She believes that better educated healthy, drug free teens are more likely to stay in school, demonstrate responsible social behavior, avoid the criminal justice system, and become contributing members of society rather than a burden. The clinics offer comprehensive medical services, health education, case management, counseling and support services and social services to young men and young women. Young people are the future of our community and the Baylor College of Medicine Teen Health Clinics believe providing free or low cost health and social services is not only the right thing to do but makes economic sense.

With the long history of caring for this age population the Teen Health Clinics are well suited to provide a medical home for young people and to continue this for generations to come. The Teen Health Clinics mission is to provide this age group with the best medical care in a timely and cost efficient manner in a culturally and age sensitive environment and it works well. The Teen Health Clinics have the proven ability to respond to the needs of our patients and the community.

The Baylor College of Medicine Teen Health Clinics aspire to continue providing comprehensive health care and education to indigent teens and young adults for another 50 years and beyond. The growth of our clinics and programs has a direct impact on our community giving our patients the tools to become responsible contributing members of our society. A donation to the Dr. Peggy Smith Endowed Fund will have a real and lasting impact on the health of our Houston and Harris County. The Dr. Peggy Smith Endowed Fund will be managed by Baylor College of Medicine. BCM is committed to serving the community and believe there is no greater way than to contribute to the Dr. Peggy Smith Endowed Fund. It will not only ensure continuity of the Teen Health Clinics but will honor the passion and leadership of Dr. Peggy Smith. We at the Baylor College of Medicine Teen Health Clinic see Hope for the Future every day in the eyes of our patients. We encourage you to use the enclosed card and join our team. For questions, information or to arrange a tour of one of the Baylor College of Medicine Teen Health Clinics please contact Anne Van Horn 713-256-6593 or avh@foundationforteenhealth.org

"Everything that is done in the world is done by hope." Martin Luther King, Jr.

FALL 2015

The Foundation for Teen Health was formed in 1990 to support the work of the Baylor College of Medicine Teen Health Clinics. The goal of the foundation is to raise funds and awareness of the programs provided to young men and women at the Teen Health Clinics. The clinics are now funded through a combination of federal, state, county and private philanthropy. The clinics' patients are the future of our community. We believe providing them with free or low cost health care and social services is not only the right thing to do but it makes economic sense. It is important for the overall health of our community to give teens and young adults the tools to be mentally and physically prepared to make the right choices in life.

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