

S U M M E R 2 0 1 6

the

Foundation for Teen Health

Caring for their future by caring for them now

Save the Date

The Foundation for Teen Health Annual Hope for the Future Luncheon will be held Tuesday, October 18, 2016 at River Oaks Country Club. There will be a reception at 11:30 and the lunch and program will begin promptly at NOON. Please join us to learn about the challenges of caring for Houston young people. We will be honoring two outstanding Houstonians. Jan Carson will receive the June and Virgil Waggoner Award for Volunteerism. The Dr. Peggy Smith Award for Professional Excellence will be awarded to State Senator Rodney Ellis. For tickets, tables or to make a donation please visit www.foundationforteenhealth.org

Special thanks to Luncheon Co-Chairmen Annie Beck and Lauren Randle along with Raffle Chairman, Rori Feldman and Silent Auction Co-Chairmen Ashley Vallone and Lia Vallone.



The Dr. Peggy Smith Endowed Fund

To honor her commitment to public health we have launched the Dr. Peggy Smith Endowed Fund. This fund would be used to attract and retain faculty that support adolescent health. It will enable Baylor College of Medicine to secure the future of one of the nation's leading providers of adolescent health care – the Baylor College of Medicine Teen Health Clinics. We hope you will consider becoming a member of our leadership team for the Dr. Peggy Smith Endowed Fund. We would like a team of donors to encourage others to envision the future of the Teen Health Clinics and invest in that future. It will not only ensure continuity of the Teen Health Clinics but will honor the passion and leadership of Dr. Peggy Smith.

Thank you for your kind consideration and for showing that you have Hope for the Future. We at the Baylor College of Medicine Teen Health Clinics see that Hope every day in the eyes of our patients. Please use the enclosed card to make your pledge today.



Hope for the Future Luncheon

June and Virgil Waggoner Award for Volunteerism will be presented to Jan Carson

State Senator Rodney Ellis will receive the Dr. Peggy Smith Award for Professional Excellence

Both of our Honorees represent the best of Houston. They are powerful reminders of what you do for others is what makes you a success.

SILENT AUCTION

Co-Chairmen- Ashley Vallone and Lia Vallone

Time to get AWAY with 2 first class United Airlines Tickets

Beautiful House in Cabo in the fabulous Palmilla Resort for 5 days, 4 nights, sleeps 8

Dinner for every day of the week! Enjoy Tony's, Vallone's, Ciao Bella, Fleming's Prime Steakhouse, Grace's, Carrabba's, and Mia's - YUM

Play Ball - 2 tickets to a mutually agreed upon game during the Houston Astros 2017 season, plus an autographed baseball

This is the year for our Houston Rockets and you want to be a part of it in a suite for a game to be decided at the Toyota Center during the 2017 season.





Healthy Texas Women

Dr. Peggy Smith and the Baylor College of Medicine Teen Health Clinics are proud to be part of the Texas Health Human Services Commission. Dr. Smith was on the nine member leadership committee to translate legislative intent into program implementation for health care providers in the state. They launched two new women's health programs July 1, 2016: the Healthy Texas Women program and the Family Planning Program. These programs offer additional women's health and family planning services to more women across the state. They complement the existing Breast and Cervical Cancer Services Program.

Starting July 1, 2016, more women can get free or affordable healthcare services. The Healthy Texas Women program offers comprehensive healthcare, including birth control; pregnancy tests and counseling; and health screenings and treatment for hypertension, diabetes and cholesterol. The Family Planning Program will now offer additional services including

prenatal care.

The Healthy Texas Women program offers women's health and family planning services at no cost to eligible, low-income women such as health exams, health screenings, and birth control.

The Health and Human Services Commission (HHSC) Family Planning Program helps fund clinic sites like the Baylor College of Medicine Teen Health Clinics to provide quality comprehensive, low-cost, and accessible family planning and reproductive health care services to women and men. These services help individuals determine the number and spacing of their children, reduce unintended pregnancies, positively affect future pregnancy and birth outcomes, and improve general health.

It is important for the overall health of our state to care for the health of Texas Women. Baylor College of Medicine Teen Health Clinics thinks it is vital for our patients to be part of this initiative.

HPV and the Importance of Vaccines

The Baylor College of Medicine Teen Health Clinics believe there is nothing more important than protecting our patients. The Human Papilloma Virus is one of the things we can help to prevent. There are about 40 types of HPV that can affect the genital area. And, according to the Centers for Disease Control and Prevention (CDC), there are about 14 million new genital HPV infections* in the United States each year. It is estimated that approximately 50% of them occur in 15- to 24-year-olds.

Many people may not be aware that HPV is a widespread virus that affects **most** people in their lifetime. For most, HPV clears on its own. But for others who don't clear up HPV could cause significant consequences in both males and females. And there's no way to predict who will or won't be affected by the virus.

Each day in the United States, 33 women are diagnosed with cervical cancer (about 12,360 women per year)

Girls aren't the only ones affected by Human Papilloma Virus. HPV-related cancer and diseases can affect **BOTH** males and females.

Exposure can happen with any kind of adolescent experimentation that involves sexual contact with someone who has HPV. Many people who have HPV don't even know it because the virus often has no signs or symptoms.

When it comes to HPV vaccination, females are only half the story. Males can get vaccinated too.

HPV vaccines work to help prevent illness. They help prevent HPV-related cancer and diseases. The time to vaccinate is before there is any exposure to these HPV types.

So the Centers for Disease Control and Prevention (CDC) recommends routine vaccination for boys and girls ages 11 or 12. The CDC also recommends vaccination for young women ages 13 through 26 and young men ages 13 through 21 who have not already been vaccinated.

The Baylor College of Medicine Teen Health Clinics believe it is extremely important for young men and women to receive the HPV vaccine. It is offered at no charge to our patients and just another way we believe being proactive in caring for our children is not only the right thing to do but makes economic sense. Preventing an illness saves lives and the expense of treating an illness. Win Win!

All immunizations are important and we offer the HPV vaccine as part of our routine immunizations. We want our patients and their parents to be fully informed of all the benefits of the HPV vaccine and consider it just like they would vaccines for measles, mumps, tetanus. Our staff is here to answer any questions or concerns and we provide all care in an age appropriate and culturally sensitive environment. The Baylor College of Medicine Teen Health Clinics want to be the medical home for the young people of our community.

Back to School

Chavez High School Clinic

The Chavez staff is back together and ready for a new school year. This will be our eighth year at Chavez where we serve a student population of more than 3000. Pictured are Liz Martinez - nurse manager, Alina Leigh - nurse practitioner, Norma Rosales - clerk, and Oralia Flores - med tech.

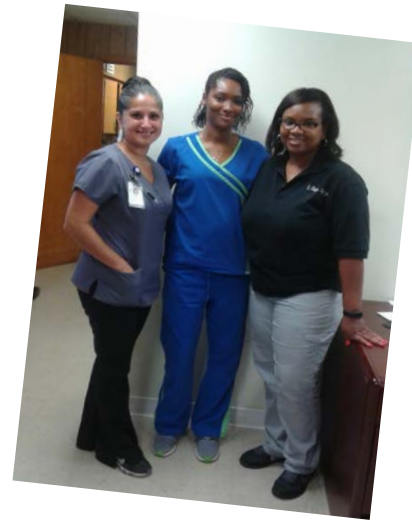


Wisdom (Lee) High School Clinic

We have a name change from Lee to Wisdom. Though we are still in our temporary home, we are hopeful that we will be starting the 2017-18 school year in a new building to go with the new name. Pictured are nurse manager Danette LaPoint, nurse manager with Dauphine Jett, nurse practitioner and Delores Ramirez,

Sterling Aviation High School

We are thrilled to be moving into our new space in January 2017. The school has everything for students interested in aviation from mechanics to pilots. Our staff is excited to serve these hard working students. Pictured are nurse manager - Irene Sanchez, clerk - Cheryl Lacy and nurse practitioner - Stephanie Griggs.



Worthing High School Clinic

Our staff is amazing and continues to work through the sound of construction. They are ready to provide the best care to all Worthing students. Pictured are nurse manager, Diane Pears and clerk, Steven Torres. Nurse practitioner, Stephanie Griggs and med tech Valencia split their time between Worthing and Sterling.

OUR HISTORY AND MISSION

The Baylor College of Medicine Teen Health Clinics began in 1969 at the old Jeff Davis Hospital as a one-day a week maternity clinic funded through a Rockefeller Grant. In 1972 the clinic director died unexpectedly and the clinic lost its funding. Dr. Peggy Smith was brought in to close the clinic but once she saw the need, Dr. Smith had a different idea. She has been the director and the driving force to expand locations and services since that time. Presently there is a network of ten clinics located in areas with an at risk population; Ben Taub Hospital, LBJ Hospital, Chavez High School, Lee High School, Worthing High School, Sterling High School, Tejano Center for Community Concerns, Cavalcade Clinic, Cullen Clinic, and Lawn Clinic.

Each clinic offers both young men and women ages 13 to 24 full service health care including immunizations and prescriptions, social services including case management, peer support groups, job placement, GED and other educational and vocational training. Better educated healthy, drug free teens are more likely to stay in school, demonstrate responsible social behavior, avoid the criminal justice system, and become contributing members of society rather than a burden. To support the work of the Baylor College of Medicine Teen Health Clinics, the Foundation for Teen Health was formed in 1990. The goal of the foundation is to raise funds and awareness of the programs provided to young men and women at the Teen Health Clinics. The clinics patients are the future of our community and we believe providing free or low cost health and social services is not only the right thing to do but makes economic sense.



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